Rituals – for those who are looking for that top to toe experience, boy have we got you covered

iKOU Rainforest Revival

90 min \$225

Breathe new life into your body and soul and enjoy a fresh start with this uplifting ritual. Enjoy a body scrub, full body and scalp massage, and foot restoration massage with mask.

iKOU De-Stress Mind & Body Balance 120 min \$265

Relax and destress the mind, balance the body and restore hydration in this soothing head to toe rejuvenation ritual. Enjoy a body scrub, back massage, Body Soufflé, facial and scalp massage.



Enquiries & Reservations

Bodyscape Wellness Spa is open from Monday to Saturday. To book a treatment please visit our website, book on Mindbody or drop in to the studio to talk with our Wellness Advisors. To ensure your preferred time and service are available, we recommend booking in advance.

Spa Arrival

Please arrive 15 minutes prior to your treatment to allow adequate time for you to check-in, and for your therapist to plan your perfect experience.

Late arrivals may result in reduced treatment time.

Cancellation Policy

If you're unable to make your appointment, Bodyscape kindly requests 24-hours notice for all bookings scheduled Monday to Friday, and 48-hours notice for all bookings scheduled on Saturday. 100% charge will apply for any treatments cancelled within these notice periods.

Yoga Classes

We provide an environment that is welcoming and empowering for all and this is the core of what we do at Bodyscape. We offer yoga classes and private sessions in the studio or the comfort of your home. Please refer to our website for more info on timetable and pricing.

Bodyscape

35 Stirling Highway Nedlands 6009

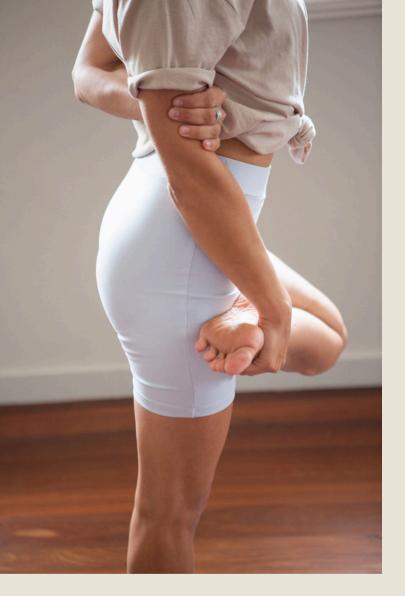
www.bodyscape.com.au

For enquiries and bookings, please reach out to us on hello@bodyscape.com.au

Bodyscape Wellness Spa Menu

BDY

SCP



About Bodyscape

Our mission is to help you come back to balance, to feel beautiful, look radiant and leave restored. Our treatments are designed to have powerful physical and energetic benefits, and when combined with potent natural products and the intuitive and healing touch of our therapists, you will be thrilled with the results.

Massage

Bodyscape Signature Massage 60 / 90 min \$145 / \$205 An intuitive massage where the therapist will tune into exactly what you need, using our very own signature oil blend.

\$160 Pregnancy Massage 60min A safe, supportive, tailor made massage for our mums-to-be after the first trimester. Take the weight off your growing body, enhance the overall experience of your pregnancy and as a bonus, leave looking brighter, feeling lighter, calmer and softer.

Facials

iKOU Signature Facial 60 / 90 min \$160 / \$220

Our high performance, anti-ageing facial. Using plant based products radiant skin is revealed, hydration restored and collagen boosted. Add a super long facial massage, double mask and a head, scalp, foot, arm and hand massage and you will feel truly spoiled.

iKOU Body Scrub 45 min \$140

Polish away dull skin to reveal a radiant glow with instant results. The finishing application of a triple butter organic Body Soufflé leaves the mind relaxed and the skin rejuvenated. Enjoy as a stand alone treatment or the perfect indulgence before a massage.

This can be added onto any treatment.



Infrared Sauna

45 min \$50 5 Pack \$200

No steam, no hot rocks, no high heat. Using Solocarbon infrared heating, you experience soothing heat similar to sunshine, without the harmful UV rays. Unlike traditional saunas that simply warm the air, infrared heats the body directly in temperatures ranging between 38 to 58 degrees. You can enjoy a deep, detoxifying sweat at a more comfortable temperature. For detoxification, skin rejuvenation, relaxation, and to reduce inflammation and speed up muscle recovery.



2 Week Unlimited Intro Offer \$69 \$89 2 Week Unlimited Intro Offer + Sauna Casual Class \$32 10 Class Pass \$290

Yoga Memberships

Yoga Classes

Twice a week at Bodyscape \$49/week

Unlimited at Bodyscape +. \$69/week Twice a week at Chris Wilson Fitness Studio

Additional Face, Neck & Chest Massage 60 min \$100

